

Year 1 Home Learning

Spring 1 – Week 1 – 5th January to 8th January

	You can help at home by...	Some online resources to help are...	Other ideas...
<p>In PSHE we are learning to:</p> <p>Understand that the body gets energy from food, water and air (oxygen).</p> <p>Recognise that exercise and sleep are important parts of a healthy lifestyle.</p>	<p>Talking about which foods are healthy and unhealthy.</p> <p>Talk about why is it important to exercise, brush our teeth and eat healthy food.</p>	<p>BBC Bitesize video Click here</p>	<p>Can you make yourself a healthy snack. You can write a list of instructions of how you made your healthy snack.</p>
<p>Our story this week is 'Lost and Found'</p>	<p>Reading/watching the video of the story.</p> <p>Children to draw their favourite part of the story and write a few sentences explaining what they have drawn.</p>	<p>A video of the story.</p> <p>Click here</p>	<p>In the story the boy comes across a penguin. Can you think of a another animal that lives in the Arctic and describe it using adjectives.</p>
<p>The sounds we are learning this week are ay, ee, igh, ow, oo</p>	<p>Write some words with the sounds in and help your child read them. Help your child to write some words with the sounds in.</p>	<p>Videos to introduce the sounds: ay ee igh ow oo</p>	<p>Find items around the house with the sounds you have been learning in the word.</p>
<p>In Maths we are learning about place value within 20.</p>	<p>Count a range of obejcts from around the home (within 20) and write the correct number.</p>	<p>Click here to watch some useful videos</p>	<p>Practice counting forwards and backwards within 20.</p>
<p>In English we are learning about nouns.</p>	<p>Talk about what nouns are and share some examples.</p>	<p>Click here to help you understand nouns.</p>	<p>Can you write a list of nouns using a capital letter.</p>